

HOW TO CONFRONT ALL YOUR ISSUES IN SEVEN EASY STEPS!

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How to confront all your issues in seven easy steps.

One. Seize control. Control everything about your environment. This will ensure that people will always like you and that you will never fail. Realize that this is impossible. Fail.

Two. Realize you need love as much or more as you need control. Fall in love. Have a bunch of children. Attempt to control the people around you. They will love this and shower you with admiration and obedience. Oh, wait. Consider daily the cost benefit analysis of chaos vs control when it comes to love. Decide, grudgingly, that love wins, but try to maintain control nonetheless. Fail.

Three. Despite your best intentions, get an involved and demanding job. Blending this with your home life will definitely allow for uncomplicated feelings. Ensure that you only ever meet success and adulation at work so you can remember why you are a valuable person in society. Realize that this is also doomed but keep trying ceaselessly anyway. Cry a lot. Fail.

Four. Consider the possibilities. If you fail you won't die. Well, you might, but then you'd be done failing. Realize that failing the people around you may end up

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hurting them and wonder why you ever thought love was a good idea.

Remember that love is the only good idea you've ever had, even if it hurts. Fail.

Five. Realize that failing is inevitable and pitch a fit. Rail and scream against failure. Behave impatiently when you lose control, thus failing to treat those around you with kindness, ensuring a desire for even more control and therefore, more failure. Cry. Get up and try again. Repeat, ad nauseum. Try to keep trying, but fail.

Six. Fail. Realize that the only constant is failure. Fail your family. Fail your job. Try to remember that your worth is constant despite the failure, that you deserve love and are allowed to be in this world even when you fail, perhaps especially when you fail. Try to recall that failure does not have to be the same as shame. Remain dubious. Keep failing until you believe you are allowed to fail. Fail at this, too.

Seven. Fail like it's your job, like it's your love, like it's your life on the line. Protect this life, not from failure, but from shame and fear. Fail, but somehow forgive yourself anyway.